

1969 FORD TRUCK SHOP MANUAL

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Model T Ford Service Ford Motor Company 2013-08 Henry Ford’s Model T forever changed the world. The car made “for the great multitude” (as Ford put it) first debuted in 1908 and proved so affordable and so popular that fifteen million were sold through 1927. The “Tin Lizzie” was the first automobile to be mass-produced on moving assembly lines, and built using interchangeable parts. It proved tough and reliable in everyday use, and cheap enough to spawn the automobile revolution: the car cost \$850 in 1909 but amazingly by the 1920s, the price had dropped to a mere \$260 due to the perfection of production techniques and economy of scale. Designed by a team that included Childe Harold Willis, Joseph Galamb and Eugene Farkas, the Model T had a front-mounted four-cylinder engine that produced 20 hp and had a top speed of 45 mph. It was a rear-wheel drive vehicle with wooden wheels, and featured a two-speed transmission plus a reverse gear. Although models varied - and many revisions took place over two decades of production - the original version weighed about 1200 pounds. Created in the 1920s and featuring information about the original Model T and the "New Model T" of 1925, this maintenance manual is an invaluable resource. It was originally intended to educate the men tasked with assembling, repairing and maintaining the Model T, and offers a plethora of information about the car, its design and operation. The text includes chapters on how to take apart and put together the car, how to overhaul the engine and transmission, valve grinding and carbon removal, rod bearings, fitting pistons and rings, correcting noisy timing gears, installation of camshaft bearings, cleaning oil lines, oil leaks, transmission band installation, axle overhauls, refurbishing and replacing springs, radiator repair, starting motor overhaul, and more. It also includes troubleshooting and general servicing information. A must have for any Model T owner, this book is also a terrific reference for the docent, historian, or anyone who ever wondered, "how did that work?"

1969 Ford Truck Shop Manual (4 Volume Set) Ford Motor Company 2020-05-10 This 1969 Ford Truck Shop Manual (4 Volume Set) is a high-quality, licensed PRINT reproduction of the service manual authored by Ford Motor Company and published by Detroit Iron. This OEM factory manual is 8.5 x 11 inches, paperback bound, shrink-wrapped and contains 1752 pages of comprehensive mechanical instructions with detailed diagrams, photos and specifications for the mechanical components of your vehicle such as the engine, transmission, suspension, brakes, fuel, exhaust, steering, electrical and drive line. Service / repair manuals were originally written by the automotive manufacturer to be used by their dealership mechanics. The following 1969 Ford models are covered: F-100, F-250, F-350, P-100, P-350. This factory written Detroit Iron shop manual is perfect for the restorer or anyone working on one of these vehicles.

Air Conditioning Service Manual Intertec Publishing Corporation 1985

Books and Pamphlets, Including Serials and Contributions to Periodicals Library of Congress. Copyright Office 1973

AC Cobra Glen Smale 2015-09-15 Part-time racer and chicken farmer Carroll Shelby ordered a chassis from AC Cars in England in 1961, and asked them to install a Ford V8 engine in it. The AC Ace was fitted with the same rear diff as that used in the Jaguar E-type, and so when the car arrived in the Shelby workshop, it proved easy to modify thanks to the simple AC layout.

Muncie 4-Speed Transmissions Paul Cangialosi 2014-10-15 The Muncie 4-speeds, M20, M21, and M22 are some of the most popular manual transmissions ever made and continue to be incredibly popular. The Muncie was the top high-performance manual transmission GM offered in its muscle cars of the 60s and early 70s. It was installed in the Camaro, Chevelle, Buick GS, Pontiac GTO, Olds Cutlass, and many other classic cars. Many owners want to retain the original transmission in their classic cars to maintain its value. Transmission expert and veteran author Paul Cangialosi has created an indispensable reference to Muncie 4-speeds that guides you through each crucial stage of the rebuild process. Comprehensive ID information is provided, so you can positively identify the cases, shafts, and related parts. It discusses available models, parts options, and gearbox cases. Most important, it shows how to completely disassemble the gearbox, identify wear and damage, select the best parts, and complete the rebuild. It also explains how to choose the ideal gear ratio for a particular application. Various high-performance and racing setups are also shown, including essential modifications, gun drilling the shafts, cutting down the gears to remove weight, and achieving race-specific clearances. Muncie 4-speeds need rebuilding after many miles of service and extreme use. In addition, when a muscle car owner builds a high-performance engine that far exceeds stock horsepower, a stronger high-performance transmission must be built to accommodate this torque and horsepower increase. No other book goes into this much detail on the identification of the Muncie 4-speed, available parts, selection of gear ratios, and the rebuild process.

How to Rebuild & Modify GM Turbo 400 Transmissions Cliff Ruggles 2011 Enthusiasts have embraced the GM Turbo 400 automatics for years, and the popularity of these transmissions is not slowing down. Ruggles walks through the step-by-step rebuild and performance upgrade procedures in a series of full-color photos.

How to Rebuild the Small-Block Ford George Reid 2008 This revised and updated color edition of How to Rebuild the Small-Block Ford walks you step by step through a rebuild, including: planning your rebuild, disassembly and inspection, choosing the right parts, machine work, machine work, assembling your engine, and first firing and break-in.

Ford Bronco Paul G. McLaughlin 2015-05-18 The Ford Bronco is a sport utility vehicle that was produced from 1966 to 1996, with five distinct generations. The Bronco permanently entered American popular culture on June 17, 1994, when a white 1992 model owned and driven by Al Cowlings with O. J. Simpson, who was wanted for the murders of his ex-wife and her friend, attempted to elude the Los Angeles Police Department in a low-speed chase, which was nationally televised and viewed by millions nationwide. This is complete story from conception through discontinuation in 1996, told by historian (and well-known "Ford guy") Paul McLaughlin utilizing his large collection of photographs, brochures, ads and other promotional material. Follow the Bronco's various incarnations from a small sport utility vehicle of the 1960s and 1970s into the larger full-size Bronco of the 1980s and 1990s, special models like the "Bill Stroppe Edition", "Eddie Bauer Specials", the Bronco II and other juicy tidbits like the Bronco concept vehicle that Ford took on the car show circuit in 2005 (which got Bronco enthusiasts so excited that Ford was going to add a Bronco vehicle to their lineup once again). Also covered are the Broncos that were raced in off-road desert racing, Bronco buzz and other collectibles, specification sheets, production numbers, and other interesting facts. Finally, a book for all Bronco enthusiasts!

NASA Mission AS-506 Apollo 11 Owners' Workshop Manual Christopher Riley 2019-04-30 On 20 July 1969, US astronauts Neil Armstrong and Buzz Aldrin became the first men to walk on the moon. NASA Mission AS-506 Apollo 11 Owners' Workshop Manual is the story of the Apollo 11 mission and the 'space hardware' that made it all possible. This manual looks at the evolution and design of the mighty Saturn V rocket, the Command and Service Modules, and the Lunar Module. It describes the space suits worn by the crew and their special life support and communications systems. We learn about how the Apollo 11 mission was flown - from launch procedures to 'flying' the Saturn V and the "LEM", and from moon walking to the earth re-entry procedure. This new edition of the book celebrates the 50th Anniversary of the Apollo 11 moon landing.

Chilton's Repair and Tune-up Guide, Ford, 1968-76 Chilton Book Company. Automotive Editorial Department 1976

Chilton Pick-ups & Bronco from 1973-1979 2017

Automotive Machining Mike Mavrigian 2017-04-17 Machining is an essential part of high-performance engine building and stock rebuilding, as well as certain servicing procedures. Although you may not own the expensive tooling and machining to perform all or any of the machining required for a quality build, you need to understand the principles, procedures, and goals for machining, so you can guide the machining process when outsourced. Classic and older engines typically require extensive machining and almost every major component of engine, including block, heads, intake, crankshaft, and pistons, require some sort of machining and fitment. A detailed, authoritative, and thorough automotive engine-machining guide for the hard-core enthusiast has not been available until now. Mike Mavrigian, editor of Engine Building Professional, walks you through each important machining procedure. A stock 300-hp engine build has far different requirements than a 1,000-hp drag race engine, and Mavrigian reveals the different machining procedures and plans according to application and engine design. The author also shows you how to inspect, measure, and evaluate components so you can provide astute guidance and make the best machine work choices. Machining procedures included are cylinder boring, align boring/honing, decking, valveseat cutting, cam tunnel boring, and a multitude of other services. In addition, multi-angle valve jobs, setting the valveseats, altering rocker arm ratio, re-conditioning connecting rods, and machining and matching valvetrain components are also covered. Whether you're an enthusiast engine builder or prospective machining student who wants to pursue a career as an automotive machinist, this book will provide insight and in-depth instruction for performing the most common and important machining procedures.

1969 Ford Truck Shop Manual Ford Marketing Corporation

Automotive Heating & Air Conditioning Editors of Haynes Manuals 2011-05-01 Written for the do-it-yourselfer, good enough for the pro. Includes everything you wish to know about your vehicles heating and air conditioning. From simple adjustments, to complete tune-ups and troubleshooting.

1969 Ford Truck Shop Manual Ford Marketing Corporation 1977

Ford Motor Company Truck Shop Manual Collection Ford Motor Company 1969 Service manuals for Ford trucks manufactured 1969 and 1978.

Dodge Pick-ups 2009 thru 2018 Haynes Repair Manual Editors of Haynes Manuals 2019-06-11 With a Haynes manual, you can do-it-yourself...from simple maintenance to basic repairs. Haynes writes every book based on a complete teardown of the vehicle, where we learn the best ways to do a job and that makes it quicker, easier and cheaper for you. Haynes books have clear instructions and hundreds of photographs that show each step. Whether you are a beginner or a pro, you can save big with a Haynes manual! This manual features complete coverage for your Dodge pick-up built from 2009 through 2018, covering: Routine maintenance Tune-up procedures Engine repair Cooling and heating Air conditioning Fuel and exhaust Emissions control Ignition Brakes Suspension and steering Electrical systems, and Wring diagrams.

Ford FE Engines Barry Rabortnick 2018-06-15 Ford FE engines, which were manufactured from the late 1950s all the way through the mid-1970s, were designated as the large-displacement engines in the Ford lineup. FE means Ford Edsel, and reflects an era when Ford sought to promote the Edsel name. The design of these engines was implemented to increase displacement over its predecessor, the Y-Block engines of the previous decade. Early models were fairly modest in displacement, as were most big-blocks of the era, but they grew quickly to fill the needs of rapidly changing chassis requirements and consumer demand for larger vehicles. As it grew, the FE engine performed admirably as a heavy passenger car and light truck engine. It also became quite accomplished in performance circles, winning the 24 Hours of Le Mans, as well as powering Ford’s muscle car and drag racing programs in the mid- to late 1960s. In this book, you will learn everything you need to know to rebuild one of these legendary engines. CarTech’s unique Workbench series format takes you step-by-step through the entire rebuilding process. Covered are engine identification and selection, disassembly, cleaning, parts analysis and assessment, machine shop processes, replacement parts selection, re-assembly and start-up/break-in techniques. Along the way you find helpful tips on performance upgrades, trouble spots to look for, special tools required, and professional builder’s tips. FE master, owner of Survival Motorsports, and veteran author Barry Rabortnick shares all of his tricks and secrets on building a durable and reliable FE engine. Whether you are simply rebuilding an old truck for reliable service use, restoring a 100-point show car, or building the foundation for a high-performance street and strip machine, this book will be an irreplaceable resource for all your future FE engine projects.

Ford Pick-ups & Bronco Editors of Haynes Manuals 2012-12-04 With a Haynes manual, you can do it yourself...from simple maintenance to basic repairs. Haynes writes every book based on a complete teardown of the vehicle. We learn the best ways to do a job and that makes it quicker, easier and cheaper for you. Our books have clear instructions and hundreds of photographs that show each step. Whether you’re a beginner or a pro, you can save big with Haynes! -Step-by-step procedures -Easy-to-follow photos -Complete troubleshooting section -Valuable short cuts -Color spark plug diagnosis Complete coverage for your Ford Pick-up & Bronco covering all Ford full-size pick-ups F-100 thru F-350 & Bronco for 1980 thru 1996 (Gasoline engines only): -Routine Maintenance -Tune-up procedures -Engine repair -Cooling and heating -Air Conditioning -Fuel and exhaust -Emissions control -Ignition -Brakes -Suspension and steering -Electrical systems -Wiring diagrams

How to Rebuild Big-Block Ford Engines Steve Christ 1989-02-16 From racing to heavy-duty hauling, the big-block Ford engine has been used successfully in Ford Motor Co. vehicles ranging from full-size trucks and passenger cars

to the LeMans-winning GT40. How to Rebuild Big-Block Ford Engines details how you can rebuild your FE or FT engine to perfect running condition using factory stock components. All rebuilding steps are covered with easy-to-understand text, illustrated with over 500 photos, charts, drawings and diagrams. You'll find tips on engine removal, disassembly, parts reconditioning, assembly and installation. You'll be able to do either a complete overhaul or a simple parts swap. As an added bonus, a complete section on parts identification and swapping is also included, along with the most complete and correct listing of specifications and casting numbers available on big-block Ford engines. Don't put off your project any longer. Rebuild your big-block Ford engine today!

1969 Truck Shop Manual Motor Company Ford 1969

Chilton's Basic Auto Maintenance Chilton Book Company. Automotive Editorial Department 1976

Toyota Landcruiser 1990-2007 Automobile Repair Manual Max Ellery 2003-05-01 Step by step instructions with plenty of photographs, plus detailed information on 6 cylinder 1HZ, 1HD-T, 1HD-FT and 1HD-FTE Toyota Landcruiser vehicles including turbo versions from 1990 to 2002, 4WD. for 70's, 80's and 100's Series body styles. Engines, all transmissions, axles, suspension, brakes, body, wiring schematics, problem solving, plus more. Tune-up, Maintenance, Repairs, Mechanical, Bodywork, Electrical diagrams, Specifications, Restoration. Worldwide specifications. Suitable for DIY, enthusiast or the mechanic.

1969 Ford Mustang Mach 1 Mike Mueller 2018 By the time the 1969 model year rolled around, it was well established that muscle cars were fast and plentiful. Every manufacturer had at least one corner of the showroom where the "go fast" guys could congregate and discuss the merits and time slips of the latest performance offerings. Competition being what it was, the manufacturers were looking for ways to entice potential buyers to choose their product over ever-increasing offerings from the competition. Some manufacturers tried to accomplish this with affordable prices, some tried fancy marketing schemes, and some created a look and a style that screamed "performance" even when standing still. The 1969 Mach 1 was Ford's attempt to create a package and a style to match the performance of its recently released and very potent 428-ci Cobra Jet engine package. Displacing the still-available but more conservative GT trim, the Mach 1 included unique and innovative graphics and mechanical innovations including shaker hood scoops, dual racing mirrors, deluxe interiors, competition suspension, dual chrome exhaust tips, and blacked-out hoods. The result was a wildly popular model that sold more than 70,000 units, compared to slightly more than 5,000 GT models for the year. Each volume in the In Detail Series provides an introduction and historical overview, an explanation of the design and concepts involved in creating the car, a look at marketing and promotion, an in-depth study of all hardware and available options, and an examination of where the car is on the market today. Also included are paint and option codes, VIN and build tag decoders, as well as production numbers.

Explorer Ford Motor Company 1997

Chilton Chrysler Service Manual, 2010 Edition (2 Volume Set) Chilton 2010-01-05 The Chilton 2010 Chrysler Service Manuals now include even better graphics and expanded procedures! Chilton's editors have put together the most current automotive repair information available to assist users during daily repairs. This new two-volume manual set allows users to accurately and efficiently diagnose and efficiently diagnose and repair late-model cars and trucks. Trust the step-by-step procedures and helpful illustrations that only Chilton can provide. These manuals cover 2008 and 2009 models plus available 2010 models.

Ford 429/460 Engines Jim Smart 2021-12-20 Learn to make incredible horsepower from Ford’s most powerful big-block engine design. For years, Ford relied on the venerable FE big-block engine design to power its passenger cars, trucks, and even muscle cars—and why not? The design was rugged, reliable, amortized, and a proven race winner at Le Mans and drag strips across the country. However, as is always the case with technology, time marches on, and Ford had a new design with many improvements in mind. Enter the 385 family of engines (also known as the “Lima” big-block). Produced from 1968-1998, the 385-series engines were used in multiple applications from industrial trucks to muscle cars and luxury cruisers. In Ford 429/460 Engines: How to Build Max Performance, which was written by Ford expert Jim Smart, all aspects of performance building are covered, including engine history and design, induction systems, cylinder heads, the valvetrain, camshaft selection, the engine block, and rotating assemblies. The best options, optimal parts matching, aftermarket versus factory parts, budget levels, and build levels are also examined. The 429/460 engines are a good platform for stroking, so that is covered here as well. Whether you want to build a torque-monster engine for your off-road F-150, a better-preforming version of a 1970s-era smog motor for your luxury Lincoln, or an all-out high-horsepower mill for your muscle car, this book is a welcome addition to your performance library.

How to Rebuild & Modify Chevy 348/409 Engines John Carroll 2012 Chevy’s W-series 348 and later the 409 became legends on the street. Recently, the 348s and 409s have enjoyed a high-performance renaissance and many speed manufacturers are making heads, blocks, and virtually every part for these engines.

Ford Y-Block Engines: How to Rebuild & Modify Charles Morris 2014-03-01 As Ford’s follow-up to the famous flathead, the Y-block was Ford’s first overhead-valve V-8 and it established an impressive high-performance legacy, winning many races in NASCAR and setting records at the Bonneville Salt Flats. This venerable Ford engine, which powers classic Thunderbirds, Crown Victorias, Edsels, and other cars, is enjoying a performance renaissance. Many aftermarket parts, including heads, can turn a sedate Y-block into a powerhouse. The engine earned its name from its deep-skirt block design that looked like a “Y.” This stout engine was installed in millions of Ford cars from 1954 to 1962 and Ford trucks from 1952 to 1964. Author and Ford tech expert Charles Morris explains each critical aspect of rebuilding a stock 239-, 256-, 272-, 292, and 312-ci Y-block and building a modified Y-block. He shows you how to identify components and conduct a thorough inspection so you select a sound block, heads, intake, and other components. He explains the specifics for obtaining high-quality machining work and verifying clearances. In addition, he delves into the intricacies of each step of the assembly process so you can rebuild a strong-running and reliable engine. Most important, Morris details the steps to effectively remedy the Y-block oiling problems. This is the book Ford Y-block owners and fans have been waiting for. It’s an indispensable guide for performing a professional-caliber rebuild and buildup of the Y-block.

Ford Differentials Joseph Palazzolo 2013 The Ford 8.8- and 9-inch rear differentials are two of the most popular and best-performing differentials on the market. While the 8.8-inch differential is commonly used in late-model Mustangs, the 9-inch is the more popular and arguably the most dominant high-performance differential for muscle cars, hot rods, custom vehicles, and race cars. Built from 1957 to 1986, the 9-inch Ford differential is used in a huge range of high-performance Ford and non-Ford vehicles because of its rugged construction, easy-to-set-up design, and large aftermarket support. The 9-inch differential effectively transmits power to the ground for many classic Fords and hot rods of all types, but it is the choice of many GM muscle car owners and racers as well. These differentials have been used extensively and proven their mettle in racing and high-performance applications. The Ford 8.8- and 9-inch must be rebuilt after extensive use and need a variety of different ratios for top performance and special applications. This Workbench book provides detailed step-by-step photos and information for rebuilding the differentials with the best equipment, installing the gear sets, and converting to Posi-Traction for a variety of applications. It describes how to disassemble the rear end, identify worn ring and pinion gears, other damage or wear, and shows step-by-step rebuilding of the differential. It also explains how to select the right differential hardware, bearings, seals, and other parts, as well as how to set ring and pinion backlash so that the rear end operates at peak efficiency. Aftermarket 9-inch performance differentials from manufacturers including Currie, Moser and Strange are reviewed and you learn how to rebuild and set up these high-performance aftermarket differentials. In addition, this book provides a comprehensive identification chart to ensure readers properly identify the model and specifics of the 9-inch differential. Chapters include axle identification, inspection, and purchasing axles for rebuilding; differential tear down; ring and pinion gear removal; inspection and reassembly; drive axle choices; and more.

How to Rebuild and Modify Ford C4 and C6 Automatic Transmissions George Reid 2012 In How to Rebuild and Modify Ford C4 and C6 Automatic Transmissions, author George Reid walks readers through the process step-by-step, from removing the transmission, to complete overhaul, to proper re-installation and road testing.

Chrysler TorqueFlite A-904 & A-727 Tom Hand 2017-10-16 The A-904 and A-727, debuting in 1960 and 1962, respectively, are C-3-speed automatic Chrysler TorqueFlite Transmissions. In Mopar circles, they have become synonymous with strength, durability, and performance. In fact, 43 years after its first application, A-904s were still found in the Jeep lineup! TorqueFlites are known for their dependability, but many have endured a tremendous amount of abuse over 50-plus years when hooked up to V-8 Mopar powerplants. There is little doubt that some of these automatics could be prone to failure, or at least need a thorough rebuild. Tom Hand shares his decades of experience rebuilding TorqueFlite transmissions with chapters dedicated to troubleshooting, disassembly and reassembly, performance modifications, post-installation procedures, and the most thorough source guide offered in print, ever. The author walks you through the TorqueFlite rebuild with color photos showcasing step-by-step procedures with highly detailed, easy-to-follow text. This book will keep money in your pocket and add experience to your resumé, but more important, it will help you get your Mopar back on the road! p,p1 {margin: 0.0px 0.0px 0.0px 0.0px; font: 12.0px Arial}

Catalog of Copyright Entries. Third Series Library of Congress. Copyright Office 1971

Motor Auto Repair Manual. Louis C. Forier 1979

Harley-Davidson XL Sportster 2014-2017 Clymer Publications 2018-05-01 Each Clymer manual provides specific and detailed instructions for performing everything from basic maintenance and troubleshooting to a complete overhaul of the machine. This manual covers the Harley-Davidson XL Sportster built from 2014 to 2017. Do-it-yourselfers will find this service and repair manual more comprehensive than the factory manual, making it an indispensable part of their tool box. Specific models covered include: XL883L SuperLow (2014-2017), XL883N Iron 883 (2014-2017), XL883R Roadster (2014-2015), XL1200C 1200 Custom (2014-2017), XL1200CA Custom Limited A (2014-2016), XL1200CB 1200 Custom Limited B (2014-2017), XL1200CP 1200 Custom (factory custom) (2014-2016), XL1200CX Roadster (2016-2017), XL1200T SuperLow (2014-2017), XL1200V Seventy-Two (2014-2016), and XL1200X Forty-Eight (2014-2017).

How to Build Max-Performance Ford FE Engines Barry Rabortnick 2010 The Ford FE (Ford Edsel) engine is one of the most popular engines Ford ever produced, and it powered most Ford and Mercury cars and trucks from the late 1950s to the mid-1970s. For many of the later years, FE engines were used primarily in truck applications. However, the FE engine is experiencing a renaissance; it is now popular in high-performance street, strip, muscle cars, and even high-performance trucks. While high-performance build-up principles and techniques are discussed for all engines, author Barry Rabortnick focuses on the max-performance build-up for the most popular engines: the 390 and 428. With the high-performance revival for FE engines, a variety of builds are being performed from stock blocks with mild head and cam work to complete aftermarket engines with aluminum blocks, high-flow heads, and aggressive roller cams. How to Build Max-Performance Ford FE Enginesshows you how to select the ideal pistons, connecting rods, and crankshafts to achieve horsepower requirements for all applications. The chapter on blocks discusses the strengths and weaknesses of each particular block considered. The book also examines head, valvetrain, and cam options that are best suited for individual performance goals. Also covered are the best-flowing heads, rocker-arm options, lifters, and pushrods. In addition, this volume covers port sizing, cam lift, and the best rocker-arm geometry. The FE engines are an excellent platform for stroking, and this book provides an insightful, easy-to-follow approach for selecting the right crank, connecting rods, pistons, and making the necessary block modifications. This is the book that Ford FE fans have been looking for.

Catalog of Copyright Entries. Third Series Library of Congress. Copyright Office 1972

Haynes 2018 Desk Diary Haynes Publishing 2017-08-15 Large-format, week-to-view presentation. Featuring classic Haynes car cutaways from company archives. Appendices of useful automotive-related data. Robust binding in laminated board to endure hard day-to-day use. Handy marker ribbon. This year we are celebrating the centenary of the RAF, with the front cover featuring the illustration from our Spitfire Manual.

How to Rebuild Small-Block Ford Engines Tom Monroe 1987-01-01 If you have a small-block Ford, then you need this book! This detailed guide covers the step-by-step rebuilding process of the popular small-block Ford engine. Parts inspection, diagnosis, reconditioning, and assembly are outlined in simple text. Hundreds of photos, charts, and diagrams visually walk you through the entire rebuild. You'll be able to completely disassemble your engine, recondition the block and cylinder heads, then reassemble and install the engine in your vehicle. There's even a section on how to perform tune-ups to maximize performance and economy. Sections on parts interchanging will help you identify all parts and determine which ones can and can't be swapped. This is truly a "hands-on" book. Don't put off your project any longer. Start rebuilding your small-block Ford today!